

ACADEMIC CALENDAR

CBT - COGNITIVE BEHAVIOURAL THERAPY

CBT 202602 - Oct 2026

SESSION	DATE	DAYS	TIME (MY/SG)	TIME (UK - London)	TIME (AUS - SYDNEY)
Lecture - Weekend 1	3 & 4 October 2026	Saturday & Sunday	3.30pm-7.30pm	8.30am - 12.30pm	6.30pm – 10.30pm
Tutorial 1	15 October 2026	Thursday	7.00pm - 8.00pm	12.00pm - 1.00pm	10.00pm - 11.00pm
Lecture - Weekend 2	24 & 25 October 2026	Saturday & Sunday	3.30pm-7.30pm (24 Oct) 4.30pm - 8.30pm (25 Oct)	8.30am - 12.30pm	6.30pm - 10.30pm (24 Oct) 7.30pm -11.30pm (25 Oct)
Tutorial 2	30 October 2026	Friday	7.00pm - 8.00pm	11.00am - 12.00pm	10.00pm - 11.00pm
Lecture - Weekend 3	14 & 15 November 2026	Saturday & Sunday	4.30pm-8.30pm	8.30am - 12.30pm	7.30pm -11.30pm
Tutorial 3	27 November 2026	Friday	7.00pm - 8.00pm	11.00am - 12.00pm	10.00pm - 11.00pm
Lecture - Weekend 4	5 & 6 December 2026	Saturday & Sunday	4.30pm-8.30pm	8.30am - 12.30pm	7.30pm -11.30pm
Tutorial 4	18 December 2026	Friday	7.00pm - 8.00pm	11.00am - 12.00pm	10.00pm - 11.00pm
Lecture - Weekend 5	9 & 10 January 2027	Saturday & Sunday	4.30pm-8.30pm	8.30am - 12.30pm	7.30pm -11.30pm
Tutorial 5	15 January 2027	Friday	7.00pm - 8.00pm	11.00am - 12.00pm	10.00pm - 11.00pm
Revision Day	23 January 2027	Saturday	4.30pm-5.30pm	8.30am - 9.30pm	7.30pm - 8.30pm
SAQ Exam	30 January 2027	Saturday	4.30pm-5.30pm	8.30am - 9.30pm	7.30pm - 8.30pm