

ACADEMIC CALENDAR

EMDR & Psychological Trauma

EMDR 202602 - June 2026

| TOPICS   | DATE                | DAYS              | TIME (MY/SG)    | TIME (UK - London) | TIME (AUS - SYDNEY) |
|--|---------------------|-------------------|-----------------|--------------------|---------------------|
| Online Moodle Material (Self Learning)<br>> Solution Focused Therapy                               |                     |                   |                 |                    |                     |
| Introduction (Live Webinar)  | 10 June 2026        | Wednesday         | 6.00pm - 7.00pm | 11.00am - 12.00pm  | 8.00pm - 9.00pm     |
| Online Moodle Material (Self Learning)<br>> EMDR 1, EMDR 2, EMDR 3                                 |                     |                   |                 |                    |                     |
| Live Virtual Lecture : EMDR: Theory  | 24 June 2026        | Wednesday         | 6.00pm - 7.00pm | 11.00am - 12.00pm  | 8.00pm - 9.00pm     |
| Live Virtual Training - EMDR Module 1 – Part 1   | 4 & 5 July 2026     | Saturday & Sunday | 3.30pm - 7.30pm | 8.30am - 12.30pm   | 5.30pm - 9.30pm     |
| Live Virtual Training - EMDR Module 1 – Part 2   | 18 & 19 July 2026   | Saturday & Sunday | 3.30pm - 7.30pm | 8.30am - 12.30pm   | 5.30pm - 9.30pm     |
| Online Moodle Material (Self Learning)<br>> EMDR 3 (review it again), EMDR 4, Psychological Trauma |                     |                   |                 |                    |                     |
| Live Virtual Lecture : Psychological Trauma  | 5 August 2026       | Wednesday         | 6.00pm - 7.00pm | 11.00am - 12.00pm  | 8.00pm - 9.00pm     |
| Live Virtual Training - EMDR Module 2 – Part 1   | 8 & 9 August 2026   | Saturday & Sunday | 3.30pm - 7.30pm | 8.30am - 12.30pm   | 5.30pm - 9.30pm     |
| Live Virtual Training - EMDR Module 2 – Part 2   | 22 & 23 August 2026 | Saturday & Sunday | 3.30pm - 7.30pm | 8.30am - 12.30pm   | 5.30pm - 9.30pm     |
| MCQ EVALUATION   | 5 September 2026    | Saturday          | 3.30pm-5.30pm   | 8.30am - 10.30am   | 5.30pm - 7.30pm     |