

ACADEMIC CALENDAR

ABPP - Addictive Behaviors & Psychological Pain

ABPP 202601 - June 2026

TOPICS	DATE	DAYS	TIME (MY/SG)	TIME (UK - London)	TIME (AUS - SYDNEY)
Online Moodle Material (Self Learning) > Lecture 1: Solution Focused Hypnotherapy					
Introduction Live Webinar	17 June 2026	Wednesday	7.00pm - 8.00pm	12.00pm - 1.00pm	9.00pm-10.00pm
Live Virtual Training - Techniques – Part 1: Session 1	27 & 28 June 2026	Saturday & Sunday	3.30pm-7.30pm	8.30am - 12.30pm	5.30pm -9.30pm
Live Virtual Training - Techniques – Part 1: Session 2	11 & 12 July 2026	Saturday & Sunday	3.30pm-7.30pm	8.30am - 12.30pm	5.30pm -9.30pm
Online Moodle Material (Self Learning) > Lecture 3: Addiction & Substance Abuse – Treatment > Lecture 4: Addiction & Substance Abuse - Types					
Live Virtual Lecture: Addiction Pairs / Triads	29 July 2026	Wednesday	7.00pm-8.00pm	12.00pm-1.00pm	9.00pm-10.00pm
Live Virtual Training - Techniques - Part 2: Session 1	15 & 16 August 2026	Saturday & Sunday	3.30pm-7.30pm	8.30am - 12.30pm	5.30pm -9.30pm
Online Moodle Material (Self Learning) > Lecture 5: Bereavement & Loss Lecture 6: Loss & Bereavement > Lecture 7: Terminal Illness > Lecture 8: Coping with death					
Live Virtual Lecture: Bereavement & Loss	20 August 2026	Thursday	7.00pm-8.00pm	12.00pm-1.00pm	9.00pm-10.00pm
Online Moodle Material (Self Learning) > Lecture 9: Belief System Lecture10: Quantum Psychology					
Live Virtual Lecture: Belief System & Quantum Psychology	26 August 2026	Wednesday	7.00pm-8.00pm	12.00pm-1.00pm	9.00pm-10.00pm
Live Virtual Training - Techniques - Part 2: Session 2	29 & 30 August 2026	Saturday & Sunday	3.30pm-7.30pm	8.30am - 12.30pm	5.30pm -9.30pm
Online Moodle Material (Self Learning) > Lecture 11: ADD & ADHD Lecture 12: Depression & Anxiety					
Live Virtual Lecture: Depression & Anxiety	3 September 2026	Thursday	7.00pm-8.00pm	12.00pm-1.00pm	9.00pm-10.00pm
MCQ EVALUATION	5 September 2026	Saturday	3.30pm-5.30pm	8.30am - 10.30am	5.30pm - 7.30pm